

It's a new dawn, it's a new day and we're feeling good

Allen Shaw, editor, Fort Wainwright PAO

Congratulations! You are holding something special in your hands. This is the new version of the old Alaska Post newspaper. You'll notice a new look, a new feel and you'll see that we're heading in a new direction. It is a publication for you, about you, with information you need to know. Due to the consolidation of Fort Richardson and Elmendorf Air Force Base, their Public Affairs Office will only be offering a weekly version of the paper, dedicated to the military communities south of the Alaska Range. This new publication is called the Arctic Warrior.

Eielson Air Force Base will continue to produce the Polar Press for their folks and the Alaska Post will be yours. The Alaska Post will also continue to be a weekly newspaper available to the Fort Wainwright and Fairbanks community, assembled by a multi-talented team at your Public Affairs Office. Notice that the paper is now in the metro format and is has two separate sections. Section alpha will be your source for news, opinions, features and commentary, while section bravo will be dedicated to sports, entertainment, leisure and information.

Although the staff is extremely excited about constructing and producing the first publication originating from Fort Wainwright since 1989, we know we can't do it without your support. We need your input, your stories, photographs and artwork. Give us a try and let us know what you think. You now have a hometown paper that promises to be creative, entertaining and fun, as well as informative. I look forward to hearing from you and I hope you like what you see.

HOOAH!

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WEEKEND WEATHER

Today

Mostly cloudy with a chance of snow.

High -10 Low -25

Saturday

Mostly cloudy.

High -5 Low -15

Sunday

Mostly cloudy.

High -10 Low -25

Committed to supporting Soldiers and families



Maj. Gen. William J. Troy, U.S. Army Alaska commander, and Col. Timothy A. Jones, Fort Wainwright garrison commander, signed the Army Family Covenant, pledging their support to Soldiers and families. (Photo by Trish Muntean, Fort Wainwright PAO)

The pledge to provide a strong and supportive environment continues

Sheryl Nix
Fort Wainwright PAO

While some Department of Defense or Army programs might seem far-removed from daily life at Fort Wainwright, senior leaders want Soldiers and families to know that the Army Family Covenant, the Army's pledge to prioritize and fund programs and initiatives impacting Soldiers, families and communities, is actually a very real part of their lives. First signed in 2007, the Army Family Covenant states that: "We are committed to providing Soldiers and families a quality of life that is commensurate with their service" and "We are committed to providing our families a strong, supportive environment where they can thrive."

Since then, Army leaders backed up their commitments with funding and support for a host of family and community programs. Projects include child care, Exceptional Family Member Program respite care to spouse employment assistance and deployment and family readiness assistance. Fort Wainwright Soldiers and family members have also seen more than 500 new family quarters, dozens of new youth, sports and arts programs, many offered free of charge to deployed Soldiers' families, and facility upgrades throughout the installation including renovations to the Last Frontier Community Center, library, child development center and youth center.

According to Kathleen Marin, director of instal-

lation services for the office of the assistant chief of installation management, the Army has doubled its family program investment from \$750 million to \$1.5 billion since the covenant was initially signed. Maj. Gen William J. Troy, U.S. Army Alaska commander, and Command Sgt. Maj. David O. Turnbull, USARAK command sergeant major, joined Col. Timothy A. Jones, Fort Wainwright garrison commander, and Command Sgt. Maj. Todd E. Wentland, Fort Wainwright garrison command sergeant major, to re-sign the covenant in a ceremony last month at Bassett Army Community Hospital. Reaffirming the pledge to Fort Wainwright Soldiers and families, Troy described the covenant

as "the Army's commitment to do the very best we can for Soldiers and for families." "The Army leadership knows how important their commitment, our commitment, is to Soldiers and their families and they have funded all the Army Family Covenant programs to the full level. It's that important to them", Jones said. Caring for Soldiers and families is job one for Chaplain (Lt. Col.) David A. Vanderjagt, Fort Wainwright's garrison chaplain, and he hopes that the covenant's promise will become reality in every Soldier and family member's life. "The truth is that families are important. Here's the implementation of that truth, ...(funded) programs," Vanderjagt said.



TAKING CARE OF BUSINESS

Sgt. John Mitchell spends some quiet time with his 4-month-old daughter, on post Monday. The Mitchells were surrounded by other Soldiers, families, friends, baggage and equipment as the 472nd Military Police Company packed up and said farewells before heading to Eielson Air Force Base for their initial deployment flight to the Middle East. Mitchell, a mechanic with the 472nd MPs. The 472nd MP Company spent the last 16 months preparing for their deployment to Western Iraq in support of Operation Iraqi Freedom. 1st. Sgt. Matthew Ivacic spoke of the company's training and preparation for deployment, saying the MPs will support the Iraqi Police and have been trained to "know how to go into a particular place and collect evidence if need be and pass that on to the Iraqi Police." Capt. Anthony Howell, commander, said the families have trained and prepared alongside their Soldiers for the deployment. The 472nd MPs, with more than 100 Soldiers, was activated in a ceremony here Aug. 13, 2008. It was a homecoming of sorts for the military police company, when it was moved to Fort Wainwright on Oct. 1, 1963 and redesignated from the Military Police Escort Guard to the 472nd MPs. The company was deactivated 30 years later. (Connie Storch/Fort Wainwright PAO)

Delivering the Army Family Covenant: providing for our people

by Lt. Gen. Rick Lynch, IMCOM Commanding General

On October 8, 2007, the Army unveiled the Army Family Covenant (AFC), institutionalizing the Army's commitment to providing Soldiers and Families – Active, Guard, and Reserve – a quality of life commensurate with their quality of service. However, as I travel around the Army meeting with Soldiers and Families I'm surprised to find that many are not familiar with the Army Family Covenant and the commitment Army leadership has made to provide a better quality of life to Soldiers and Families.

We are delivering the Army Family Covenant with a focus on five specific areas: Standardization and funding of existing programs and services, Increasing accessibility and quality of health care, Improving Soldier and Family housing, Ensuring excellence in schools, youth services and child care and Expanding education and employment opportunities for Family members.

Some accomplishments over the past two years include: Standardized Army community staffing and programs at all Garrisons, added 1079 Family Readiness Support Assistants positions to provide administrative and logistical support to commanders and FRG leaders, Funded Exceptional Family Member respite care providing up to 40 hours of care per month for Families; Increased primary care visits to more than 7 million people, meeting access standards for 90% of acute, routine and specialty appointments; Authorized TRICARE standard coverage for more than 500,000 eligible members of the Selective Reserve and their Family members and lowered the



co-payment; Funded the Training Barracks Modernization Program to allow 11,306 Soldiers to move into newly designed or renovated barracks in FY09, introduced the First Sergeants Barracks Initiative to enhance single Soldier quality of life; Reduced financial burden on Army Families by eliminating CYSS registration fees and reducing program fees, collaborated with more than 373 school districts to support military connected students transferring to new school districts and increased placement of military spouses through the Army Spouse Employment Program, a partnership with Fortune 500 companies and government agencies to provide employment opportunities.

We are indeed making progress on delivering the Army Family Covenant, but we have much more work to do. I am dedicated to deliver on the Army leadership's promise to continue to provide the best care and quality of life possible to Soldiers and their Families. Our commitment to delivering the Army Family Covenant is non-negotiable. We will not depart from this commitment. I would ask that we always take the time to accentuate the positive. We have so very much to be thankful for when it comes to health care, housing, services and programs, and many other things. Many times we immediately start talking about negative items, and many of those conversations are based on anecdotal evidence without firsthand knowledge. Let's be grateful for what we have, and strive together to improve. An attitude of appreciation will go a long way. Optimism is a combat multiplier. As always, thanks for your continued service to our Army, and our Nation. Together we are making history.

QUESTION: Why is there so much media attention about influenza vaccines recently?

Ask the MEDDAC Commander

by Col. Ron Stephens, Medical Department Activity-Alaska

ANSWER: Vaccines have been a critical part of fighting diseases throughout the evolution of modern medicine. The ability to give a single vaccine and largely eliminate the threat of a disease is a powerful weapon in the fight. Most of the recent vaccine information has been regarding influenza vaccine, particularly in the conversation about seasonal and H1N1 influenza, and we have published our fair share of material on that topic for our patients here in Alaska. And continuing in this effort, this week has been declared National Influenza Vaccine Week by the Centers for Disease Control and Prevention (CDC). For information on this observance, you can visit their website at

<http://www.flu.gov/news/nivw.html>

Many of you know the impact of the flu as compared to a bad cold. This season, flu may pack more of a punch than usual because of the H1N1 flu virus (sometimes called "swine flu"). We do not have immunity to this new virus so more people may become sick, hospitalized or even die from flu-related illness this season than during past flu seasons. Keep in mind that annually the normal seasonal flu causes more than 36,000 deaths and 300,000 hospitalizations in the U.S. Thus it is more important than ever to get your facts straight about flu—and the get the vaccines available to prevent flu.

The 2009 H1N1 flu is

likely to be the most common strain of flu virus this season, but it is difficult to distinguish from other seasonal flu strains. The CDC expects that these other seasonal flu viruses will still cause illness as well, generally starting in the February timeframe in Alaska. Because of this mix of viruses, the CDC strongly recommends each of us get vaccinated for both the seasonal flu and get the separate vaccine to protect against 2009 H1N1 flu. Both of these vaccines are now available through MEDDAC-AK wherever our patients receive their normal healthcare. Soldiers can get them through their unit providers or at the Kamish TMC at Ft Wainwright and the

Troop Health Clinic at Ft Richardson. All others at Ft Wainwright should go to the immunization clinic at Bassett Army Community Hospital. Non-Active duty beneficiaries at Ft Richardson should watch for announcements from the 3rd Medical Group at Elmendorf.

It's important to realize that **influenza vaccine cannot give you the flu**. Why? Because the injected flu shot contains inactivated (killed) viruses, and the nasal spray contains attenuated (weakened) viruses and cannot cause flu illness. If you get the flu soon after getting the flu vaccine, it means that you may have been exposed to the virus shortly before getting vaccinated or during

the two-week period it takes the body to develop protection after getting vaccinated. More than likely however, people who get sick shortly after receiving flu vaccine are actually suffering from a common cold which has similar symptoms of the flu though much less severe and shorter in duration in most cases.

One last thought on prevention of flu illness. While vaccine is critical in prevention, there are other personal precautions everyone can take to reduce their own risk of becoming ill and to minimize the spread of illness when you or someone you know does get sick. Flu and the common cold are both thought to spread mostly from person to person

through the coughs and sneezes of people who are sick so make sure to cover your nose and mouth with a tissue when you cough or sneeze. You can also get sick by touching something with the viruses on it and then touching your eyes, mouth or nose so wash your hands often with soap and water or use waterless hand sanitizer products when necessary. Last, it's also smart to avoid close contact with people who are sick so make sure that anyone who is sick stays home.

For more information, visit www.flu.gov, the MEDDAC-AK website at www.alaska.amedd.army.mil/, or speak with your primary care provider. As always MEDDAC-AK is here to provide you and your family quality care with quality caring.

Army celebrates chaplain assistants, centennial:

Sheryl Nix, Fort Wainwright PAO

The year 1909 was historic in many ways: Henry Ford introduced the first Model T or "Tin Lizzie;" the National Association for the Advancement of Colored People became an official organization; and the first two Army pilots each completed a solo flight.

The U.S. Army's Chaplain Corps also had a big year in 1909 as the role of chaplain assistant became an official military occupation specialty.

The Army recently celebrated the 100-year anniversary of the chaplain assistant MOS and recognized the importance of chaplain assistants serving at installations around the world.

From counseling to marriage retreats and other events to weekly religious services, chaplains perform a wide variety of tasks designed to serve, nourish and heal. Chaplain assistants are a big part of that, according to Chaplain (Maj.) Dwight Broedel, Fort Wainwright's Family Life chaplain.

"Of course none of the great stuff we chaplains are doing would be possible if it were not for the herculean efforts of our chaplain assistants," he said. "Want to meet a real hero? Shake hands with a chaplain assistant."

Chaplain assistants perform an array of jobs from clerical duties to preparing for weekly services to screening and building relationships with Soldiers.

They are also known as the chaplain's "weapon," since chaplains do not carry firearms in combat. "Obviously in warfare they become the primary bodyguard for the chaplain because chaplains are noncombatants," said Chaplain (Lt. Col.) David A. Vanderjagt, garrison chaplain.

Vanderjagt also said that many people do not realize how busy chaplain assistants are and all that they do to support their chaplains and serve Soldiers since so much of their work is behind the scenes.

"A lot of us, not all, but a lot of us prefer to be

behind the scenes," said Staff Sgt. Darren Lawson, chaplain assistant for 1st Battalion, 24th Infantry Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division. "I've always preferred to be the guy behind the curtains, making sure that the lights come on and making sure that everyone has what they need."

From the work no one sees to the out-front protection of their chaplain in combat, chaplain assistants insist that there is a common thread in all they do.

"You have to care about people," said Sgt. Denise Monroe, Family Life Center chaplain assistant. "You have to have compassion ... and care and want other people to get help when they need it."

Staff Sgt. David Shaw, 1-25th SBCT chaplain assistant, agrees that compassion makes the difference. "I would say that one of the best attributes a chaplain assistant needs is a heart for Soldiers. If it's just a job, then you're going to do okay, but if you care about Soldiers, that's what's going to make you a good chaplain assistant."

Chaplains and chaplain assistants come from all different faiths and offer a variety of religious choices to Soldiers and families. That is why tolerance, along with compassion, is crucial for chaplain assistants, according to Staff Sgt. Edrena Roberts, garrison chaplain assistant.

"You have to be tolerant of other people's religions and faith groups. You have to be tolerant of other people's attitudes," she said.

Service is very important to chaplain assistants, according to Lawson. "You really need a servant's heart. I think it's best if you have a strong desire to serve, to serve others."

No matter what the task, Roberts said that they approach it with determination.

"It's going to be as perfect as we can get it," she



Staff Sgt. Edrena Roberts (left), garrison chaplain assistant, and Staff Sgt. David Shaw, 1st Stryker Brigade Combat Team, 25th Infantry Division, chaplain assistant, prepare refreshments for Sunday's protestant service at Northern Lights Chapel. (Photo by Sheryl Nix/Fort Wainwright PAO)

said about setting up the Northern Lights Religious Education center for services Sunday.

As the Army celebrates 100 years of their profession, chaplain assistants appreciate the recognition, and according to Monroe, hope the extra attention will highlight their profession and their commitment to serving their fellow Soldiers.

The glow from the centennial celebration might be fading, but chaplain assistants continue their behind-the-scenes roles, hoping more people will learn about what they do and how unit ministry teams help Soldiers and families. "It's great to serve my country and be able to do it in a way that I can (highlight) being a Christian," Shaw said. "I love my job."

Martin Luther King Jr. remembered at Fort Wainwright observance

Trish Muntean, Fort Wainwright PAO

Monday, our nation will mark the occasion of Dr. Martin Luther King Junior's birthday. The holiday is a chance to remember King, who is known for his work to promote justice, equality and dignity for all humanity. The permanent theme of this holiday is to "REMEMBER! CELEBRATE! ACT! - A DAY ON, NOT A DAY OFF." The theme serves as a reminder that the holiday is a day for service to the community, not just a day off from work or school.

Roosevelt Gray Jr., pastor and president of Command Faith Gospel Ministries, spoke at the Fort Wainwright observance Thursday. Gray was active in the civil rights movement before

joining the Army, participating in the march from Memphis to Jackson, Miss. He recalls the racial injustice shown to him growing up in the South and feels King's work had a direct impact on his life. Gray compared King to today's American Soldier. King was a man of action, putting his life on the line to fight for respect, equality and justice for our nation and now the American Soldier is fighting, trying to accomplish the same for those who can't fight for themselves.

Sgt. 1st Class Theresa Johnson, Fort Wainwright Equal Opportunity advisor, and a project officer for the Fort Wainwright observance. She believes that "we as a nation have accomplished much

since King's death, to include the election of the first African American president". She said "I feel like I have more opportunities than those before me; and those after me will have even more opportunities. I have experienced in my generation something that many people before me have not." Johnson added she "can't begin to imagine what my life or the world would be like if it weren't for King, but I can be thankful for and appreciate every step of the journey."

When Johnson thinks of Dr. King's legacy she reflects "upon the many interracial families we have today versus 40 years ago. We have many prominent ethnic Americans who have sacrificed

so much for our nation when they didn't have a voice 40 years ago. We are no longer segregated by education or employment. Our children can play and grow together with freedom."

Sgt First Class Marvin Smith, 1st Stryker Brigade Combat Team, 25th Infantry Division, also a project officer for the Fort Wainwright observance. He said the work done by King has affected his life tremendously. "The basic human rights that he fought and sacrificed for touched me in a way that I believe touched people all over the world. His sacrifices taught me to stand up for your rights without resulting to violence. This is something that is instilled in me that will

impact generations." He said "We must continue to educate ourselves so that we may gain a better understanding of each other. I believe this would enhance our efforts in working towards a common goal, and make for a better place." Smith said the way in which we can honor King's memory today is "to continue to do the things necessary that would make his dream a reality. Rise above all of the hate, prejudice, and greed of this world.

Treat all people with dignity and respect regardless of their race, religion, social status or origin. I would say to all, put on the hat of goodness for the sake of all mankind so people can live as one."



Johnson hopes "that Americans will take an opportunity this holiday to remember Dr. King and all that he stood for and reflect upon the many obstacles that our nation has overcome." She said that "this particular holiday is truly a celebration for many people of many races because much of Dr. King's dream is a reality today and it took the work and unity of all races to accomplish that."

Commander introduces and shows appreciation for garrison personnel

Col. Timothy A. Jones
Garrison Commander



We are proud to offer the Fort Wainwright community this new format for The Alaska Post, now published right here in Central Alaska. With the new format, we are introducing a new feature – a weekly column to describe what’s happening at Fort Wainwright, discuss community issues, and answer questions.

Our jobs at garrison are to take care of everyday things so our Soldiers can concentrate on their jobs of training and preparing for deployment. Our garrison directorates and agencies are here to ensure that happens. In my first regular column, I would like to introduce you to your garrison personnel with a brief overview of the directorates. Some of their responsibilities are evident by the names of the directorates; others are not as obvious.

The Directorate of Public Works oversees the necessities of living – housing, utilities, road maintenance, new construction, environmental, engineering, master planning and contract management.

The Directorate of Emergency Services provides you fire and police protection.

The Directorate of Plans, Training, Mobilization and Security handles a number of things. They are responsible for processing security clearances. They plan special events, write operations orders and ensure that things like redeployment support is accomplished. They maintain the monthly events calendar. They oversee the airfield and the training lands/ranges at all three installations. They are responsible for a large number of things behind the scenes that make your deployments, redeployments, ceremonies and some special events on post run smoothly.

The Directorate of Human Resources includes a broad array of programs. The Military Personnel Division provides orders processing, ID cards updating, re-enlistment processing, in-processing, out-processing, deployment processing and etceteras. The Army Continuing Education Services (ACES) provides education programs leading to degrees and certifications and with the implementation of the Post 911 GI Bill these services are critical. The Army Substance Abuse Program (ASAP) provides substance abuse counseling and suicide prevention. The Administrative Services Division provides records management, forms management, files management, Freedom of Information Act (FOIA), Privacy Act, and official mail and distribution. And finally the Army Career and Alumni Program (ACAP) provides transition services and programs to Soldiers and family members. The Directorate of Logistics employees are your supply, transportation, and maintenance people. They operate the Central Receiving and Issue Point; the Central Issue Facility (CIF), where Soldiers get their organizational clothing and individual equipment; maintain and track hand receipts for computers, copiers, office equipment and other items at the Consolidated Installation Property Book Office (CIPBO); maintain ammunition accountability; render advice for managing and operations of the dining facilities; provide buses and other non-tactical vehicles from the Transportation Motor Pool (TMP); schedule and arrange for delivery and shipping of your household goods and repair and maintain vehicles and equipment.

The Directorate of Family and Morale, Welfare and Recreation is your one-stop directorate for help with child care, job-hunting, physical fitness, special events, counseling and entertainment. They oversee the child care programs; the PFC and Melaven Gym; intramural sports; Army Community Service; the Zone; the Last Frontier Community Center; the ski hill; the bowling alley; the golf course; Outdoor Recreation and more.

The Plans, Analysis and Integration Office develops the garrison strategic plan; champions sustainability and process improvement; develops and monitors the garrison customer service program; supports unit stationing actions; and performs many other actions behind the scenes to improve things not only for you, but for those who will be living here in the future.

The Directorate of Resource Management manages the garrison’s budget, providing advice and helping the directorates use their limited funds in the most efficient ways.

The Staff Judge Advocate Office provides you legal support year-round and tax preparation every year.

The Safety Office is responsible for ensuring the units are in compliance with all safety regulations and offers suggestions to keep your homes and families safe throughout the year. They also conduct safety training on a wide variety of subjects.

The Chaplain’s Office nourishes the living, cares for the dying and honors the dead.

The Public Affairs Office is responsible for the installation newspaper, command channel and oversees the web site. They also provide media briefings and handle media invitations to the post and escort reporters here.

The Equal Employment Opportunity processes complaints of discrimination, advises managers and employees regarding civil rights laws and educates our employees about their rights and responsibilities.

The Internal Review Office serves local commanders as their principal advisor on internal controls. The office provides all installation organizations (garrison as well as tactical units) with professional, independent, and objective internal audit services in areas of performance, finance, contracting, and compliance.

The Contracting Office works with these agencies and all of the units to ensure that equipment, supplies and needed services are procured according to government rules.

My garrison administrative staff consists of a group of people who handle the many requests that come in to my office. They also run the Combined Federal Campaign; provide support to the post’s civilian employees in the payroll area; and keep calendars for my deputy and me, ensuring we are where we need to be.

Your garrison employees are a dedicated group of professionals whose primary function is to do their assigned jobs to ensure your safety, comfort and peace of mind while you live, work, and play on Fort Wainwright. I am proud to work with them and for you. If you have problems or issues, please feel free to contact my directors and me for help.

I will be using this space on a regular basis to address issues that affect you, our customers, and to help make Fort Wainwright your favorite Army assignment. If you have a question, problem or issue you would like to see addressed, please contact our Public Affairs Office at linda.douglass@us.army.mil or call 353-6701.

The photograph used in the Alaksa Post at the top of page 1 was taken by Brian Schlumbohm on December 28, 2009 around mid-day. The photo was taken from north post looking south toward the Alaska Range. The sun was at its highest point that day. There has been a gain of 1 hour, 6 minutes of daylight since then.

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The ALASKA POST welcomes responsible comments from its readers and will publish letters, articles or photos submitted at least one week prior to the next publication. The ALASKA POST reserves the right to edit or reject submissions. All submitted material will become official Army property unless otherwise indicated.

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The ALASKA POST- Home of the Arctic Warriors

Considering the cost of an education

Joan Smith York, Fort Wainwright School Liaison Officer

Financing a college education can seem downright daunting. Tuition and fees, as well as room and board, continue to rise. Yet the costs may not be quite as high as you think. For the 2009-2010 school-year CollegeBoard.com reported that more than half of students attended four-year schools with annual tuition and fees below nine-thousand dollars. After grants and other forms of aid available, net costs may be significantly lower than the school's published prices.

There are also billions of dollars of financial aid available. One of the keys to funding assistance is to start the process early. High School seniors or others planning to go to college in the fall of 2010 should start preparing now. Here are some of the basic steps you need to take.

Anyone who wants financial aid for college will need to fill out the Free Application for Federal Student Aid. Colleges use the FAFSA to determine what financial aid you will be offered, including grants, loans, work-study and scholarships. You can fill out the FAFSA online at www.fafsa.ed.gov, starting Jan. 1. It is a fairly involved process, so plan to spend some time collecting financial documents and inputting numbers. Some forms of aid are given out on a first-come, first-served basis, so start early.

The deadline for state assistance for Alaska is April 15. It is important to contact individual schools for their deadlines.

In addition to government aid, there are many scholarships available exclusively to military family members. Each of these will require a separate application with different requirements. Some GI benefits can also be transferred to family members. There are many state, branch, and installation-specific scholarships available. Here are some tips to get you started.

Choose a school

There are many factors to consider as you choose which university, college or tech school interests you. You need to find out which academic programs and degrees are offered. What are the published costs? Will the location, size and school culture be right for the student? You can search schools and get answers to questions on websites like Collegeboard.com. Once you narrow it down, contact the school admissions office to answer specific questions or arrange a campus tour. Choosing a major early can help you find the right school. If you're not sure of a specific career path, there are free interest inventory programs, such as the ASVAB and Discover to help you out. Your school guidance counselor

or teacher may also be able to suggest some good options for your student. There are also great deals right here in Alaska. The University of Alaska campuses offer military family members the lower in-state tuition rate. They also sponsor amazing exchange opportunities, where you pay in-state tuition while studying abroad or in another state. In addition, the Tanana Valley Community College in Fairbanks offers a wide range of career-oriented programs. There are also several local apprenticeship programs available in the construction trades.

In addition to the other programs available, military and family members are eligible to take a variety of classes at the Fort Wainwright Education Center, at a reduced cost. Between the University of Alaska, Central Texas College, Embry-Riddle, and Wayland Baptist, the Ed Center has a lot to offer. Even if a student wants to graduate from an out-of-state school, save money by starting out local. Most universities allow transfers through the sophomore year with no loss of credits. It is important to make sure the courses taken locally are transferable to the program where you plan to graduate.

Apply for admission

Once you select your schools, begin the application process. Start early

because each application must be completed separately and this can be a time-consuming process. The typical application includes a form, which is usually online. There is usually a nominal fee, with the average cost being around thirty-five dollars. The institution will also require a transcript, which you get from your high school, and test scores. Private schools may also require an essay, letters of recommendation, and/or an interview. You can ask teachers, counselors, Youth Center staff or employers for letters of recommendation or help with admissions essays.

Take the tests

Students applying to start college for the fall are advised to take the SAT or ACT in May or June, leaving time for a retake, if needed. Registration deadlines are more than a month prior to test dates, so plan ahead. Go to CollegeBoard.com to register for the SAT or www.act.org for the ACT. The cost is \$45 or \$31 per test respectively. Fort Wainwright School Liaison Services will host Military Family College Night Jan. 21 from 7 to 9 p.m. at the Fort Wainwright Youth Center. Experts in financial aid, the GI Bill, and other pertinent subjects will be on hand to answer your questions. For more information contact Garrison school liaison officers at 353-9377.



Back to school blast

Fort Wainwright Army Community Service and Child, Youth and School Services, sponsored a "Back-To-School-Blast" at the post exchange, Saturday. This program provides free school supplies to school-aged children of Fort Wainwright Soldiers. Youth volunteers from the CYSS provided help as parents and children stocked up with supplies for the back-to-school drive. (Photo by Brian Schlumbohm / Fort Wainwright PAO)

Soldier = selfless service

Pfc. Thomas Duvall
1-25th SBCT PAO



After coming off a 12-month deployment to Iraq many Soldiers from Fort Wainwright have dedicated their time and energy giving back to the community. This activity increased dramatically during the holiday season.

"The Fairbanks community supported us so much while we were deployed we knew we had to give something back," said Lt. Roger Dallman, the executive officer of 5th Squadron, 1st Cavalry Regiment, 1st Stryker Combat Brigade Team, 25th Infantry Division.

Dallman and his squadron baked cookies and filled bags with wool socks, deodorant, Chapstick and other personal hygiene products in an effort to help feed and clothe the less fortunate.

"I enjoy events like this because I have the honor of helping someone in need," said Spc. Hooi Lee, a chemical Specialist with 5-1st.

According to Cindy Fields, the community service director at the Immaculate Conception Church, with help from the Soldiers the church was able to give cookies and gift bags to an estimated 200 people in need. She said, "Their willingness to serve is amazing".

Along with helping feed the hungry, Soldiers also gathered at the Fort Wainwright Birch Hill Ski Lodge to donate toys to the Santa's Clearing House Toy Drive.

Soldiers from the 2nd Battalion, 8th Field Artillery Regiment 1st Stryker Brigade Combat Team, 25th Infantry Division, donated around 60 toys to the charity, making it one of the largest individual event donations that Nava Christian, Santa's Clearing House Toy Drive director, has seen. "It's absolutely amazing," beamed Christian, "the toy drive helps on average 650 families a year."

For the Fairbanks community, the Soldiers' support during the holidays provided a helping hand that is much needed according to Fields, who is also the community service director at the Immaculate Conception Soup Kitchen.

Although volunteering is recognized more during the holiday season, the Soldiers at Fort Wainwright continue to volunteer throughout the year with various food and clothing drives.

"It's important to help the community all year and not just during the holidays," Dallman said. Generosity is not new to the American Soldier. Among the Army's core values it is one of the most important character traits of a Soldier; selfless service. Fort Wainwright Soldiers continue to give back to the community that they say gave them so much support during their recent deployment.

Fun and friends at the Wainwright Community Spouses Club

Trish Muntean, Fort Wainwright PAO

The Fort Wainwright Community Spouses Club hosted their first event of the New Year, at the Last Frontier Community Center. The theme for the luncheon was "Women on the Go." Guest speaker Keli Hite McGee, a business professor with University of Alaska, Fairbanks, owner of Hite Consulting, Inc. and column contributor to the Fairbanks Daily News-Miner, spoke about how to get your life organized, providing tips and tricks for the future.

The CSC is open to spouses of active duty and retired military members in all branches of the Armed Services who are assigned, attached or living at Fort Wainwright. Active military members and Department of Defense civilians and their spouses are also invited to join. Dues are \$10 for the remainder of the year (the CSC activity year runs September-May). Members are always encouraged to bring a friend.

CSC President Jean Baty says there are about 70 dues-paying members who participate in activities such as bowling and other games. In February the monthly activity will be a wine tasting. Everyone is invited to come out for CSC events. First time visitors are welcome, but membership is required to attend a second event. The CSC offers something for everyone and recently formed a group who wanted to learn how to curl. They meet the first Saturday of each month at 10 a.m. at the Curling Club in Fairbanks.

Curling is a team game with similarities to bowling and shuffleboard, played by two teams of four players each on a rectangular sheet of carefully prepared ice. Teams take turns sliding heavy, polished granite stones down the ice towards the target (called the house). Two sweepers with brooms accompany each rock and use timing equipment and their best judgment, along with direction from their teammates, to help direct the stones to their resting place. The complex nature of stone placement and shot selection has led some to refer to curling as "chess on ice." It is a game that makes sweeping fun.

Despite all the fun they're having, the purpose of the club is philanthropic in nature. Civic and welfare projects are conducted for the benefit of Fort Wainwright and select organizations from the local community. The most success-

ful fundraiser for the year is the annual bazaar, which is traditionally held in October. According to Baty, "With over 1100 visitors, we raised over \$12,000 at the 2009 Holly Days Bazaar. Including other funds from fundraisers, we will be able to give out around \$6,000 for welfare grants and around \$7,000 for scholarships in the spring. In past years the CSC awarded money to Cub Scouts, Red Cross, Army Family Team Building, Relay for Life, Tour de Cure, schools for reading programs, to buy computers and lots more."

Baty encouraged both newcomers to Fort Wainwright and those who have been here a while to give the club a try. Newcomers can meet new people, establish lasting relationships, help the community and experience Alaska. Activities also provide positive outlets to brighten the dark days of winter. For more information on the Fort Wainwright CSC check out the website: www.wainwrightcsc.org or email Jean Baty at: jean.baty@yahoo.com



Claudia Koch-Goddard, risk reduction coordinator, SERCO Fort Wainwright and a member of the Community Spouse's Club watched to see where her stone landed during the CSC's first curling event. The group meets the first Saturday of every month. (Photo by Trish Muntean/Fort Wainwright/PAO)

West defeats East during 10th Army-sponsored All-American Bowl

by Rick Lamance

SAN ANTONIO (Army News Service, Jan. 9, 2010) -- The Army's number-one opportunity to honor some of its greatest heroes, wounded warriors, future Soldiers and the nation's top high school football athletes unfolded on Saturday during the All-American Bowl all-star high school football contest at the Alamodome.

It was the Army's 10th time to sponsor the event that saw the West team dominate the East 30-14 in front of a crowd of 34,126 and a nationally televised audience.

During pre-game activities, 90 Soldier-Heroes, representing the ranks of active component, Reserve, and National Guard, were paired with a player from either the West or East teams and

introduced at midfield prior to kickoff. The Soldier-Heroes represented Soldiers who were awarded the Silver Star, Bronze Star or Purple Heart for actions during previous deployments.

This year, during a series of week-long activities leading up to game day, the Department of the Army Soldier of the Year, the Army's NCO of the Year, along with the Recruiter of the Year and both active-duty and Reserve Drill Sergeant of the Year were also honored.

"There are so many great people who serve our country, and it has been a great honor and opportunity for me to interact with some of the greatest football players in the country, many who will get the oppor

tunity to go on to the NFL," said Sgt. Clancey Henderson, the Army's Soldier of the Year, currently stationed at Fort Riley, Kan.

The 2010 contest also saw a player matched with his Soldier-Hero dad. 1st Sgt. Aleki Potoae, first sergeant of Company C, 1st Battalion, 23rd Infantry, Fort Lewis, Wash., was matched with his son, Sione, a 6'3" 285-pound defensive end with the West team.

"It means a lot to be here as a Soldier-Hero and have my son playing in the game," said Potoae. "In 2003 I was here as part of a detail and brought my son back a hat and a game coin to help motivate him. It's very important for young people, like my son, to understand what the Army represents and the opportunities available for those who work hard and take the education and experience."

As in previous years, Soldier-Heroes attended a series of events that offered opportunities for them to interact with the nation's top athletes that ranged from a barbecue social to skills competitions and an award banquet and presentation.

"This week has been tremendous," said Sgt. 1st Class Robert A. Barnes, a Soldier-Hero



Photo Credit: Daren Reehl. Soldier-Hero 1st Sgt. Aleki Potoae greets his son, Sione, before the start of the Army-sponsored high school all-star game in San Antonio, Texas. Sione is a member of the West team.

assigned to the 101st Airborne Division at Fort Campbell, Ky. "I've had an opportunity to meet so many wonderful people, from all walks of life, both military and civilian, to include the player that I'm sponsoring, and his family. I've been involved in several eating events and an event that highlighted country singer Darryl Worley."

"What impressed me the most was the size of the players and how intrigued we have been with one another," said Spc. Jason L. Whitehorse, a New Mexico

native also stationed at Fort Campbell. "Even though I've never been here before, or met anyone here, both the Soldier-Heroes and players have really impressed me."

The history of the game and the stories of self sacrifice and courage of Soldiers hit home with one Soldier-Hero who met face-to-face with two legends from both sides. "While in the lobby of my hotel, I was called over by a man who wanted to thank me for my service," said Army Reserve Staff Sgt. Michael Smith, a chemical

weapons NCO with the 375th Chemical Company in St. Louis, Mo. "After talking to him for awhile, I noticed a huge ring on his finger. When I asked about it, he held it up with pride and told me he had been a head coach years ago and this was his ring from that time. He asked me if I had ever seen the movie, 'Remember the Titans.' I told him that I had seen it and that it was a great movie. He tapped his chest and said, 'Coach Boone, nice to meet you.'"

"It was amazing sitting there talking to an icon of American football," continued Smith. "Not three minutes later, I got onto an elevator and a man asked me how I was doing. I explained that I had just met Coach Boone and talked about how great it was to meet an American legend. The man smiled and reached into his pocket and pulled his hand out to shake mine. He then said, 'Now you've just met another legend,' then handed me a coin and walked out of the elevator. When I examined the coin, I realized it was Major General Brady, a Medal of Honor recipient from the Vietnam war."



Photo Credit: Daren Reehl. West Quarterback Connor Wood sets the game in motion as the West starts on offense during the playing of the 10th-annual Army-sponsored All-American Bowl in San Antonio, Texas. The West went on to win the contest 30-14.

Army versus youth basketball, a win-win situation

By Sheryl Nix
Fort Wainwright PAO

Some Soldiers play for more court time, some to spend time with friends and some spend occasional Friday evenings playing basketball with teens from the Youth Center because they want to be an influence in the lives of Fort Wainwright youth.

According to Megan Brown, Youth Services facility director, the Army vs. Youth basketball program was created for all of these reasons.

"The biggest thing about the program is that kids get to play with older guys," she said. "Soldiers help teach them code of conduct on the basketball court and help them learn how to interact with others."

Partnering with units around Fort Wainwright allows Soldiers to interact with youth and take advantage of more time on a basketball court, Brown said.

"It's just fun," said Sgt. Tani Murguia, C Company, 123rd Intermediate Maintenance, 16th Combat Aviation Brigade. "It keeps me young. They don't get ever get tired."

The program has been in place for five years and is open to any units who want to play. "We're all about sponsorship and mentorship programs for anyone who wants to do this," Brown said.

Pvt. Dakota Hollis, C/123rd, scored 24 points in the Jan. 8 game against the youth team. He gave up a college basketball scholarship to join the Army and looks for any opportunity to play. "I've been playing ever since I could dribble," he said. "I like playing basketball."

Jamal Coles, 16, son of Tami and Staff Sgt. Jerel Coles, 2nd Battalion, 8th Field Artillery Regiment, 1st Stryker Brigade Combat Team, 25th Infantry Division, plays on the youth team and scored 18 points in last week's game.

In addition to just enjoying playing basketball, Coles admits that he "likes scoring on the Soldiers."

Being a positive role model and sharing lessons learned might be just as simple as spending time with teens doing a sport they all love, Brown said. "Soldiers are able to give back where they live, on a personal level."

The next game is Feb. 12 and pits the Youth team against Soldiers from Medical Department Activity-Alaska. For more information about the Army vs. Youth basketball program, call Brown at 361-4801.

Pvt. Dakota Hollis (Red team, #1), C Company, 123rd Intermediate Maintenance, 16th Combat Aviation Brigade, soars above the competition for two points in the Army vs. Youth basketball game Jan. 8 at the Youth Center. The Army team, comprised of Soldiers from C/123rd and Youth Center substitutes, defeated the Youth team 90-55. (Photo by Sheryl Nix/Fort Wainwright PAO)



THIS WEEKEND
IN THE NFL

Saturday
Cardinals at Saints
FOX 12:30 p.m. AST
Ravens at Colts
CBS 4 p.m. AST

Sunday
Cowboys at Vikings
FOX 9 a.m. AST
Jets at Chargers
CBS 12:30 p.m. AST

Check local listings
for broadcast
channels

Family
ice
skating
night

Soldiers, family members, children and other Fort Wainwright Chapel members took to the ice for the Chapel Family Ice Skating Night Sunday at the Physical Fitness Center Ice Rink. Approximately 125 people attended the entirely free event which featured two hours of ice skating, free skate rentals, desserts and hot chocolate. (Photo by Sheryl Nix/Fort Wainwright PAO)



“DID YOU KNOW?”

Ideas in action

Soldiers, family members, military retirees and Department of Defense civilians are invited to submit suggestions for the installation’s annual Army Family Action Plan conference set for Feb. 24 through 26.

This year’s AFAP Conference will also pilot a stand-alone AFAP Youth Conference on Feb. 16 to ensure that middle and high school students from 12 to 17 have their voices heard.

AFAP is an Army-wide initiative to identify and prioritize issues to enhance standards of living for Soldiers and their Families.

The Army Family Action Plan provides the community a process and voice to make changes both on the installation level and Army-wide by reviewing, prioritizing, and seeking resolution to problems, issues and concerns.

Issue submission forms are available on the Web at *www.wainwright.army.mil*.

For more information, call 353-2382.

On the lanes

Monday through Friday Nugget Lanes Bowling Center has lunch specials. Purchase a lunch special and bowl one free game, while you eat.

Bowlers may rent a lane for private use on Thursday evenings for \$20 per hour.

For more information, call 353-2654/2659.

Cabin fever reliever

The Outdoor Recreation Center offers beginner cross country skiing lessons. Sessions run 45 minutes. The fee is \$25 per person.

For more information, call 361-4089 or 361-6349.

ONGOING

Inquiring minds

A brief, library Customer Service Survey is available on the MWR Web page at *www.ftwainwrightfmwr.com*.

School Liaison Services

Parents, connect with schools registration and policies, school transitions, home school information, post-secondary information, free online tutoring support, and referrals for child counseling services with the help of School Liaison Services.

For more information, call 353-9879.

Story time at the library

The Post Library offers story time and crafts for youth of all ages every Friday starting at 3:45 p.m.

For more information, call 353-2642.

Hourly care

School Age Services offers hourly child care each day on a first-come, first-served basis from 3 to 5:30 p.m. for grades 1 through 6 at Building 4391, Neely Road. Reservation is required, space is limited and your child must be enrolled in Child Youth and School Services. For more information, call 361-7394.

You’re hired!

The HIRED! Apprenticeship Program provides youth from 15 to 18 with meaningful, professionally managed career exploration opportunities in MWR programs and facilities.

The HIRED! Apprenticeship Program offers valuable paid work experience and training to better equip each participant with the skills needed for a highly competitive job market.

For more information, call 361-4801.

Critter care

The Veterinary Treatment Facility is open Monday, Tuesday and Wednesday from 8 a.m. to 4 p.m.; Thursday from 1 p.m. to 4 p.m.; and Friday from 8 a.m. to 3 p.m.

The veterinary clinic is located in Building 3597.

For more information, call 361-3013.

THIS WEEK

TODAY

Winnie the Pooh story hour

Bring your favorite stuffed bear to the story hour and tea party. There will be themed stories, crafts, prizes, and refreshment, at 3:45 p.m. in the library, Building 3700.

For more information, call 353-2642.

Texas Hold’em

Come to the Warrior Zone and join the fun. Sign up at 6 p.m. and play begins at 7 p.m.

For more information, call 353-1087.

Game Night

Meet new people and learn to play the new games, from 1 to 4 p.m. at the The Last Frontier Community Center. Participants must be age 18 or older.

For more information, call 353-7755.

SUNDAY

Military families may bowl up to three games of per person at no cost.

Free bowling is available to qualified patrons every Sunday, from 3 to 9 p.m.

For more information, call 353-2654.

TUESDAY

Dr. Martin Luther King, Jr. salute

This week the Post Library will be honoring MLK, Building 3700. Material will be available for check out and films about the civil rights movement will be playing. For more information, call 353-2642.

Stress management

Learn how to identify your sources of stress, discuss emotional and physical responses, and develop coping techniques by attending a stress management class offered by Army Community Service.

Stress management will be the topic Tuesday, from 10 to 11a.m. in Building 3401. Join the discussion at no cost.

For more information, call 353-4374.

WEDNESDAY

Instructors’ choice

A variety of fitness classes begin at 5:30 p.m. in the PFC.

For more information, call 353-7275.

Indoor rock climbing

Come join the family fun today at Melaven Gym at 1 p.m. Wednesday.

The fee is \$5 per person and patrons 17 and younger must be accompanied by an adult.

For more information, call 361-4089.

THURSDAY

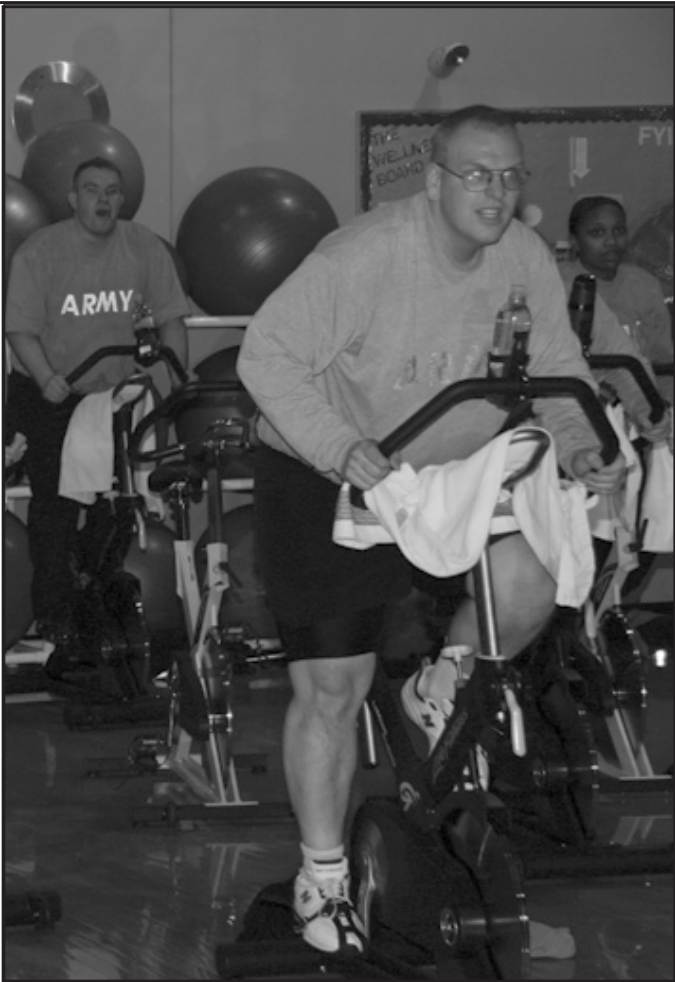
Interviewing techniques

Army Community Service is having a workshop from 1:30 to 3 p.m. to explore interview tips and how to dress for success.

For more information, call 353-1977.

Military family night

Does your youth need help with college questions? School Liaison Services is hosting an evening devoted to answering hard questions about applications, testing, financial aid and scholarships.



Spin city

Soldiers sweat it out at the PFC. Stationary bike spin classes are held Tuesdays and Thursdays at 6:30 a.m. and noon; and Saturdays at 10 a.m. Burn off calories from the Valentine’s Day candy ahead of time by attending the 2-hour “Heartbreak Hill” spin class on Feb. 13 from 10 a.m. to noon. For more information, call 353-7275 or 353-7274. (Photo by Mona Hillstrand/FMWR)

The college preparation seminar is slated for Thursday from 7 to 9 p.m.

For more information, call 353-9377.

BOSS Meeting

A Better Opportunities for Single Soldiers meeting is set for Thursday at 1:30 p.m. in Building 3205, at the Warrior Zone.

For more information, call 353-1087.

Upcoming

JAN. 22

Nice on ice

Come join the fun tonight at the Youth Center Skate Park. General Skate is from 5:30 to 7 p.m.

For more information, call 361-5437.

JAN. 22 AND 30

Into the wilderness

Try cross country skiing on Jan. 22 at 5:30 p.m. or ice fishing on Jan. 30 at 8 a.m. with the Outdoor Recreation Staff.

The activities are offered as part of the Women in Wilderness series.

Some gear and instruction is included.

For more information, call 361-4089/6349.

Facilitator Course

Army Community Service will host a course for new facilitators on Jan. 22 from 8:30 a.m. to 4:30 pm. in the Welcome Center, Building 3401.

For more information, call 353-4227.

JAN. 23

Hit the trails

Outdoor Recreation will lead a snowmachine trip to Stiles Creek in the Chena River State Recreation Area from 8 a.m. to 5 p.m. Cost is \$75 per person.

For more information, call 361-4089/6349.

Ongoing

Local news

Submit Fort Wainwright and community news items to 1047-1 Nysteen Road or send submissions via e-mail to connie.storch@us.army.mil.

For more information, please call the Public Affairs Office, 353-6780.

For commercial advertising rates, call the Fairbanks Daily News-Miner at 459-7548.

Photos Wanted

The Alaska Post welcomes your photo contributions. If you have pictures from unit training, family support group functions or recreational activities please send to: connie.storch@us.army.mil. Please list names and ranks of everyone in the picture. Please include your name, phone number and e-mail address.

Donnelly Training Area Closed

All of the Donnelly Training Area West is closed to recreational use while the Army conducts testing. Road blocks and signs are in place at primary access routes into the DTA West to ensure safety.

The U. S. Army Cold Regions Test Center is conducting firing activities in remote areas of the Donnelly Training Area West. The tests include firing of weapons systems from and into remote areas of the training area.

Delta Junction residents may see lights and flashes in the training area during the firing missions.

Recreational users must obtain a recreational access pass from the visitor's center or natural resources prior to accessing Army lands.

For more and information and availability call 353-3181.

Scholarships

Scholarships through the Commissary and the Community Spouses Club are available again this spring.

The Defense Commissary Agency Scholarships for Military Children Program is offering \$1,500 scholarships to qualified applicants.

Applications are available from now through Feb. 17.

For information, contact commissary director Loriann McDonald at 353-7310, a school guidance counselor or visit the Scholarships for Military Children Program Web sites at www.militaryscholar.org or www.commissaries.com.

The Community Spouses Club scholarship application is available for download at www.wainwrightcsc.org.

Deadline for the CSC scholarship is Mar. 6, 2010.

Applicants must be Army family members of active duty, retired or deceased soldiers and must live in the Fairbanks area.

Selection is based on academic achievement, school and community involvement, volunteer and work accomplishments, recommendations and a written essay.

Arctic Health Link

Arctic Health Link offers a wide variety of classes designed to educate patients including Allergy and Asthma Awareness, Cholesterol Reduction, Diabetes Education, Hypertension Management, and Tobacco Use Cessation Class. Call 361-4148 for more information or to sign up for one of these free classes.

Members wanted

The Fort Wainwright Community Spouses' Club is accepting membership applications. The CSC is open to spouses of active

duty and retired military members in all branches of the Armed Services as well as active military members and Department of Defense civilians and their spouses.

Cost of membership is \$10 for the remainder of the activity year.

For more information and an application visit their Web site: www.wainwrightcsc.org.

Free medicine

Wish you could just pick up an over-the-counter medication at the pharmacy? Now you can by taking the Arctic Health Link Self Care class. This class is offered online! Once completed, Tricare beneficiaries may obtain a select group of non-prescription medications, at no cost, from the pharmacy.

For more information, call Arctic Health Link at 361-4148.

Help wanted

The Fort Wainwright Community Spouses' Club is looking for a volunteer to fill the board position of co-treasurer. A financial background would be an advantage, but it is not necessary. If interested, contact info@wainwrightcsc.org for a detailed job description and more information.

The CSC also needs to fill a variety of committee positions. No experience is necessary.

For more information e-mail Jean Baty at president@wainwrightcsc.org or call 356-5402.

Tax assistance

The Fort Wainwright Tax Center opens Wednesday.

Active-duty, mobilized Reserve, retirees and the family members of these sponsors who have simple personal income tax returns are eligible for tax

assistance service.

Returns may be filed electronically whether you are getting a refund or you owe taxes. Only taxes prepared by a Fort Wainwright Tax Assistance Center staff member can be electronically filed at the Tax Assistance Center.

The Tax Assistance Center is located in Building 1049, Unit 4 near the law center on the North Side of Fort Wainwright.

Both appointments and walk-ins are available, but customers having an appointment take priority.

To schedule an appointment call 353-6559.

Are you ready to quit tobacco?

Sign up for Arctic Health Link Tobacco Use Cessation class. This class is designed to educate and support those desiring to quit tobacco. Call 361-4148 for more information. All classes are at no charge, sign up today.

Visitors' center hours changed

The visitors' center is open from 5:30 a.m. to 10 p.m. daily.

All visitors needing an access pass should proceed to the main gate, where they will be directed to a parking area.

A driver's license, proof of insurance and vehicle registration will be required.

For more information, call 361-6144.

This week

TODAY Bunco buddies

The Community Spouses Club will sponsor bunco at 7 p.m. at Murphy's in the basement of Murphy Hall, Building 1045.

For more information e-mail Jean Baty at president@wainwrightcsc.org or call 356-5402.

WEDNESDAY

A Veterans Affairs Disability Transition Assistance Program briefing will be offered from 10 a.m. to noon at the Education Center Annex in Room 106.

A VA benefits briefing will be offered from 12:30 to 4:30 p.m. at the Education Center Annex in Room 106.

For details, or to sign up for Army Career and Alumni Programs, call 353-2113.

Upcoming

THURSDAY Employment help

A resume writing briefing will be featured 1 to 3 p.m. at the Army Career And Alumni Center. ACAP is located in Building 3401, Room 246.

For more information, call 353-2113.

MAY

Park service honors service members

The National Park Service will waive the entrance fees to Denali National Park and Preserve for current and retired members of the military and their families over the Memorial Day weekend, May 29 through May 31, to honor service members for their contributions and sacrifices to our nation.

Chapel Services Northern Lights Sunday services

11 a.m. - Protestant Worship

5 p.m. - Protestant Youth of the Chapel

Monday

6:30 p.m. - Protestant Choir practice

Saturday

8 a.m. - Protestant Men of the Chapel meets the second and fourth Saturday of the month

Southern Lights Sunday services

10 a.m. - Roman Catholic Mass

11 a.m.- Roman Catholic Confraternity of Christian Doctrine

Wednesday and Friday

7 p.m. - Catholic Choir practice

Noon - Roman Catholic Mass

Saturday

11:30 a.m. - Daughters of Saint Anne (first Saturday of each month)

Bassett Army

Community

Hospital Chapel

Tuesday and Thursday

Noon - Catholic Mass

Wednesday

Noon - Protestant Service

For additional information on chapel services, please call 353-9825.